



QHH3

QUORN HASH HOUSE HARRIERS

COME AND JOIN QUORN HASH HARRIERS FOR A FRIENDLY RUN IN THE COUNTRYSIDE.

YOU DON'T HAVE TO BE SUPER FIT TO ENJOY HASHING, YOU CAN RUN, WALK, CRAWL, YOU SET YOUR OWN PACE.

YOU FOLLOW A TRAIL OF FLOUR, WITH CHECK POINTS AND FALSE TRAILS, FOLLOWED BY A FEW BEERS AND A SPOT OF LUNACY.

SO COME ON BRING SOME FUN INTO YOUR RUNNING. ALL AGES AND STANDARDS WELCOME.

FORTHCOMING RUNS

FEBRUARY 17TH
SUNDAY 11 O'CLOCK
NEVILLE ARMS
KINDOULTON (OFF THE A46)
NOTTINGHAMSHIRE

MARCH 17TH
SUNDAY 11 O'CLOCK
THE ANGEL
COLEBORTON
(A512 between ASTHBY and COALVILLE
off A50)

FOR FURTHER INFORMATION TELE. PHONE

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